

PROGRAMME OUTLINES

# Team development

Programme Duration	Developing High-performing Teams 2 x 1 day	Coaching & Mentoring 2 x 1 day	Teamforge workshops Half day/ 1 day
<b>Outline content</b>	<p>Identify characteristics of effective teams</p> <p>Leadership: Management: Transformational v transitional leadership</p> <p>How to define the actions of an effective team – and bring them to life at work</p> <p>TMS performance profile – what you bring to a team</p> <p>How to motivate others towards peak performance</p>	<p>How to build rapport using a range of behaviour strategies</p> <p>The Coaching framework model – application from sport to business</p> <p>Active listening &amp; the power of directed inquiry</p> <p>How to introduce mentoring as part of personal development</p> <p>STEP planning – agreeing action plans that inspire change</p>	<p>What are the elements of a winning team?</p> <p>How can we define and demonstrate team behaviours?</p> <p>How to support each other and develop a team ethos</p> <p><b>Note:</b> <i>this workshop is very practical and uses a range of indoor / outdoor activities, puzzles, games, interactions so that people actually experience and practice the behaviours</i></p>
<b>Ideal for</b>	middle and senior managers	first line managers, middle and senior managers	teams at all levels including executive teams



All programmes can be run in-house or at our premises. They have a proven format which can be further adapted to suit your business. We frequently deliver the 2 day events separated by one week to allow practice at work.